



Delivery Freezer Menu

All items subject to availability.
Please call 705-734-2272 to order

| Pasta, Lasagna and Casseroles | | | | |
|--------------------------------------|--|---------------------------------------|--|--------------------------------------|
| Item | Individual Feeds 1 person | Small Feeds up to 3ppl | Medium Feeds up to 6ppl | Large Feeds 9ppl to 12ppl |
| Meat Lasagna | \$7.99 | \$14.99 | \$26.99 | \$46.99 |
| Spinach Ricotta Shells | \$7.99 | \$17.99 | \$27.99 | \$46.99 |
| Mac and Cheese | \$7.99 | \$14.99 | \$24.99 | \$44.99 |
| Shepherd's Pie | \$7.99 | \$15.99 | \$25.99 | \$44.99 |
| Vegan Shepherd's Pie | \$7.99 | \$15.99 | \$25.99 | \$44.99 |
| Pot Pies and Quiche | | | | |
| Item | Single Serving | | | Large Feeds up to 6ppl |
| Chicken Pot Pie | \$9.99 | | | \$24.99 |
| Steak and Mushroom Pot Pie | \$9.99 | | | \$24.99 |
| Quiche Lorraine | \$7.99 | | | \$18.99 |
| Broccoli and Cheddar Quiche | \$7.99 | | | \$18.99 |
| Frozen Chili's and Soups | | | | |
| Item | Price per Liter | | | |
| Chicken Chili | \$13.99/1L | | | |
| Beef Chili | \$13.99/1L | | | |
| Chicken Noodle Soup | \$10.99/1L | | | |
| Butternut Squash and Pear Soup | \$8.99/1L | | | |
| Split Pea and Ham Soup | \$10.99/1L | | | |
| Vegan Coconut Cauliflower | \$10.99/1L | | | |
| Mushroom Soup | \$8.99/1L | | | |



| Frozen Entrees | |
|--|----------------|
| Item | Price |
| Tarragon Butter Salmon Filet | \$18.00/2pcs |
| Braised Beef Short Rib with Natural Jus | \$24.00/2 pcs |
| Herbed Roasted Chicken Breast | \$16.00/2 pcs |
| Turkey Burgers stuffed with Brie | \$16.99/4 pack |
| Beef Burgers stuffed with Cheddar | \$14.99/4 pack |
| Lamb Burgers stuffed with Asiago | \$19.99/4 pack |
| Frozen Sides | |
| Roasted Brussels Sprouts and Bacon | \$6.00 |
| Honey Glazed Carrots | \$6.00 |
| Green and Yellow Beans with Lemon and Dill | \$6.00 |
| Roasted Herbed Potatoes | \$6.00 |